

Left Coast Events - Victoria & Islands - Aug 6 07

Written by

Monday, 06 August 2007 14:14 - Last Updated Monday, 06 August 2007 14:14

Left Coast Events - Victoria & Islands - Aug 6 07

1. this week at the market
2. Belfry media Release - The Number 14 Held Over to August 26
3. The Community Council is Moving - Aug 7th
4. Outlaw Social and Vancouver's The Breakmen - Aug 8th
5. RAW FOODS WORKSHOP - Aug 9th - Nanaimo
6. Do you have a family member or loved one inside prison? - Aug 10
7. Composting Basics - Aug 11th
8. VIVA-RAW VEGAN POTLUCK - August 11th
9. EcoNews Excerpts - Aug 8-12th
10. Sacred Circle Dance into Summer - Aug 14th
11. Uk All Female Band Gertrude with Joey Only & Blank Space - Aug 17th
12. Musicians come together for Peace - Nanaimo - Aug 19th
13. The REBEL SPELL, The Remanes, Blood Nasty - Aug 25
14. Symposium: The Performer in a Multicultural Society - Aug 25 & 26th
15. Local musicians at Folk Club - Aug 28th
16. 15th Annual National Claims Research Workshop - Oct 30-Nov 1st

1. this week at the market

This week, everything on the list is BC grown and lots of that is Island grown!!! We have: plums from Healing Farm; raspberries from Maple Groove Farm; blueberries from Saanich Organics; and strawberries from Sungold Meadows. To round out the fruit selection, we have apricots, new crop apples, cherries, nectarines and peaches from the interior. On the veggie side, we have lots of local greens; zucchini of all sizes and shapes; 3 varieties of beets; 3 varieties of potatoes; leeks; 3 varieties of onions; beans; peppers; tomatoes; and basil. If you